7th Annual

St. Anne Instructional Football Camp

With Speed & Agility Training

Current Grades
1st thru 7th

CAMP COORDINATOR

Coach Nick Sherevan

CYO Hall of Fame

MYAA Hall of Fame

586 - 677-1097

stannecoachnick@yahoo.com

'90, '99, '04, '05 '08
CYO Champions
Ford Field Prep Bowl

Coach Nick has been head coach and football coordinator at St. Anne for 35 years. His record is 241 wins, 73 losses and 2 ties. 24 of his teams have been champions under his direction which led to 22 Silverdome & Ford Field appearances and is the only team to play in 11 CYO title games.

St. Anne has one of the best grade school and middle school football programs in the state including their 6 to 8-year-old flag teams and 3rd-8th grade tackle football. 5 of the 23 members of the St. Anne coaching staff are former players of Coach Nick. Over 60 Alumni have received college scholarships, and three players have made The Detroit News "Dream Team" in the '90's. We have the ultimate safe equipment and football accessories consisting of books and video tapes of instruction for every position.

Get Ready for Flag or Tackle Programs!

Held at: Eckstein Park
1st street south of parish; off Mound Rd

Camp 1: Saturday, April 24th
9:00 am - 12 noon

Camp 2: Sunday, April 25th
1:00 pm - 4:00 pm

Attend Camp 1 or Camp 2; or Both!

• Arrive at Eckstein Park 1/2 hour before camp time for registration.

• In case of heavy rain, camp will be held the following weekend. Times TBD.

Call Coach Nick on camp day if unsure of postponement.

INSTRUCTIONAL STAFF

St. Anne Camp Coaching Staff:
Over 250 years combined experience

Dave Reid: Speed & Agility Trainer
Former Trainer of the US Olympic Track Team

Paul Verska: Head Football Coach
DeLa Salle High School

Mike Lewis: Asst. Head Coach; Defense
DeLa Salle High School

Equipment you will need:

Tennis shoes or football shoes
Weather appropriate clothing
Camp T-shirts will be provided

Medals & Prizes Awarded

CAMP HIGHLIGHTS
Non-Contact Instruction

Running Form and Flexibility: Each athlete will learn the importance of proper running and stretching techniques.

Safety: The proper way to block & tackle will be emphasized.

Offensive and Defensive Drills: Every athlete will learn and experience drills according to his position that will make him a better football player.

Air Force Football: Games held the last half-hour of camp.

Various skills will be tested.

INSTRUCTION BY POSITIONS

Offense

QB • Special emphasis on passing, basic skills, handing off

BACKS • Blocking, faking, running the sweep, option handoffs & pass routes

LINE • Stance, base shoulder block, pass blocking, steps alignment

ENDS • Pass catching, blocking & pass routes

Defense

BACKS • Stance, alignment, key responsibility, run support, option, sweep, & zone pass defense

LINEBACKERS • Stance, alignment & pursuit

LINE • Defense run, angle technique, pass rush

ENDS • Stance, alignment, option support, sweep, pass drops

REGISTRATION FORM

For the most benefit, campers are encouraged to specialize in one of each of the two categories below:

Sign up for desired positions
1. Offense: ❑ QB ❑ Back ❑ Line ❑ End
2. Defense: ❑ Back ❑ Line ❑ LB-er ❑ End

Name _____ Age _____ Height _____ Weight _____ Grade _____

Home Phone _____ Address _____ City _____ Zip _____

Camp fee is $35.00 for both April 24th & April 25th camps. Camp fee is $20.00 per camp for April 24th **or** April 25th camp only.

Check Camp(s) desired: ❑ **Both Camps:** April 24th & April 25th (enclose $35.00 check)
❑ **Camp 1 only:** Sat April 24th (enclose $20.00 check) ❑ **Camp 2 only:** Sun April 25th (enclose $20.00 check)

Please indicate any allergies or health concerns: _____

Complete, detach, & enclose this form along with your check for payment. Payment is not refundable after April 20th.
Call Coach Nick with any questions at **586.677.1097** (h) or **586.419.4822** (c) or stannecoachnick@yahoo.com

Make check payable to: Nick Sherevan **Mail To:** Nick Sherevan • 53532 Shanelle Lane • Shelby Township, MI • 48315